

DiabetesTM dilemma

Brainstorming The Burning Issues

Fri 7th
AUG 2026

Sat 8th
AUG 2026

Sun 9th
AUG 2026

Venue: Grand Hyatt Goa, Panjim, Goa

Dear Friends,

Diabetes Dilemma enters its 10th year as a unique platform for physicians committed to excellence in diabetes and obesity care. Short talks, expert led meaningful discussions and active participation remains the hallmark of this meeting.

Didactic solutions always are the outcome of discussions, conversations and interactions.

ACADEMIC DIRECTORS

Dr. Shailaja Kale

Diabetologist,
Pune

Dr. Awadhesh Kumar Singh

Endocrinologist,
Kolkatta

Dr. Vikram Lele

Head Nuclear Medicine,
Jaslok Hospital, Mumbai

Dr. Shrirang Godbole

Endocrinologist,
Pune

Dr. Shehla Shaikh

Endocrinologist,
Mumbai

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Endocrinologist,
Nashik

Dr. Debmalaya Sanyal

Endocrinologist,
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Nephrologist,
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Dr. Archana Sathe

Cardiologist,
Pune

Dr. Ritu Singh

Infertility Specialist,
Kolkata

Dr. J. S Kumar

Diabetologist,
Chennai

Dr. Sunil Sathe

Cardiologist,
Pune

Regards,

Dr Shailaja Kale

Founder & Scientific Chair, Diabetes Dilemma
Chair AARO, Maharashtra, Past Chair RSSDI, Maharashtra,
Ex Professor Internal Medicine KEM Hospital, Pune.

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Clinical Updates That Matter 2026

EXPERT DIALOGUES AND CLINICAL CONVERSATIONS

Building a Successful and Sustainable Obesity Practice

Semaglutide in 2026: Beyond the Headlines

Semaglutide in Women's Health: Separating Myth from Evidence

Diabetes Dilemma: Tirzepatide vs Semaglutide - Does One Truly Win?

Muscle–Heart–Liver Axis: Skeletal Muscle: The Forgotten Organ in Diabetes

CKD in Type 2 Diabetes: What's New, What's Changing?

ECG Pearls from the Cardiologist's Desk

Nuclear Imaging: A Powerful Diagnostic Partner Beyond CT MRI

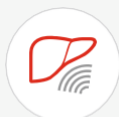
Nuclear Imaging for CAD in type 2 diabetes: Finding What Matters

Managing the Expected and the Unexpected Practical Pearls for Safe Semaglutide Use

The Missing Links in Diabetes Clinics



BEYOND
BMI



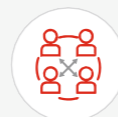
FIB
SCORE



CANCER
SCREENING



EYE
SCREENING



MULTIDISCIPLINARY
APPROACH

AI and digital technology in Diabetes Practice: Beyond the Buzz

Regards,

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Friday 7th August 2026

SESSION 1

Skeletal Muscle Role in Diabetes Session in charge - Dr. J S Kumar

TIME	TOPIC	EXPERTS
05.50 pm to 6.00 pm	Welcome Note Dr. Shailaja Kale	
06.00 pm to 06.15 pm	Back to Basics - Skeletal Muscle as an Endocrine organ (Talk 15 mins) Dr. J. S Kumar	
06.15 pm to 06.25 pm	Hand Grip - A simple Tool to Assess Heart and Liver Risk (Talk 10 mins) Dr. Shailaja Kale	
06.25 pm to 06.35 pm	Muscle: The Organ of Longevity (Talk 10 mins) Dr. J. S Kumar	
06.35 pm to 06.55 pm	Muscle loss with GLP 1 Agonist A myth or Reality and the Solutions (Discussion 20 mins) Moderator: Dr. Shailaja Kale	Dr. Awadhesh Kumar Singh Dr. J S Kumar
06.55 pm to 07.10 pm	How to protect Muscles on Incretin therapy (Talk 15 mins) Dr. J. S Kumar	
07.10 pm to 07.40 pm	GLP 1 RA in periconception time (Talk 20 mins) Dr. Ritu Singh (Discussion 10 mins) Moderator: Dr. Shailaja Kale	Dr. Awadhesh Kumar Singh Dr. J S Kumar

SESSION 2

Guest Lecture 1 & Guest Lecture 2

TIME	TOPIC	EXPERTS
07.40 pm to 08.10 pm	Nuclear Imaging A Powerful Diagnostic Partner with CT MRI (Talk 30 mins) Dr. Vikram Lele	Dr. Vasudha Sardesai
08.10 pm to 08.40 pm	MAPS - Metabolic Assessment and Precision System- insights into Diabetes Talk (Talk 30 mins) Dr. Hiren Prajapati	Dr Ravindra Kiwalkar

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Saturday 8th August 2026

SESSION 3

Philosophy of combinations Session Incharge - Dr. Shehla Shaikh

TIME	TOPIC	EXPERTS
9:30 am to 9:45 am	Does Combinations answer the issues ? (Talk 15 mins) Dr. Shailaja Kale	
9:45 am to 10:15am	SGLT 2 Inhibitors in the era of GLP 1 Analogs, What is the relevance? Plenary Session (Talk 30 mins) Dr. Awadhesh Kumar Singh	
10:15 am to 10:30 am	Can Combination Therapy Address Our Clinical Challenges? Exploring the Role of Dapagliflozin, Pioglitazone, and Metformin (Talk 15 mins) Dr. Shailaja Kale	
10:30 am to 10:40 am	Discussion	Dr Awadhesh Kumar Singh Dr Shehla Shaikh

SESSION 4

Incretin therapy Present and future Session Incharge - Dr. Shehla Shaikh

TIME	TOPIC	EXPERTS
10:40 am to 10:50 am	Back to Basics-What happens in Post Prandial State (Talk 10 mins) Dr. Sujit Chandratreya	
10:50 am to 11:35 am	Adding Semaglutide to the Type 2 Diabetes Prescription: Practical Issues and Clinical Challenges (Discussion 45 minis) Moderator: Dr. Shehla Shaikh	Dr. Awadhesh Kumar Singh Dr. Shrirang Godbole Dr. Sujit Chandratreya Dr. Shailaja Kale

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Saturday 8th August 2026

SESSION 5

Resistant Obesity, Is it Really Resistant? Session Incharge - Dr. Sujit Chandratrey

TIME	TOPIC	EXPERTS
11:35 am to 11:40 am	(Introduction 5 mins) Dr. Shailaja Kale	
11:40 am to 11:55 am	Resistant Obesity, Is it Really Resistant? Should a BMI Above 30 kg/m ² Be Viewed Through the Diabetes Lens or the Obesity Lens? (Talk 15 mins) Dr. Sujit Chandratrey	
11:55 am to 12:15 noon	Tirzepatide How it is different from Semaglutide? (Talk 15 mins) Dr. Shrirang Godbole	
12: 15 pm to 12:30 pm	Resistant Obesity Discussion Moderator: Dr. Sujit Chandratrey	Dr. Shehla Shaikh Dr. Awadhesh Kumar Singh Dr. Shrirang Godbole

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SESSION 7

Cardiology and Diabetes Track Session Incharge - Dr. Archana Sathe

TIME	TOPIC	EXPERTS
03.00 pm to 03.05 pm	(Introduction 5 mins) Dr. Shailaja Kale	
03.05 pm to 03.35 pm	Nuclear Imaging in Cardiovascular health in Diabetes (Talk 30 mins) Dr. Vikram lele	
03.35 pm to 03.45 pm	(Discussion 10 mins) Moderator: Dr. Sunil Sathe	Dr. Vikram Lele Dr. Archana Sathe
03.50 pm to 04.20 pm	Optimizing Heart Failure Therapy in Day to Day Practice (Discussion 30 mins) Moderator: Dr. Archana Sathe	Dr. Sunil Sathe Dr. Jatin Kothari Dr. Vikram Lele Dr. Debmalya Sanyal
04.20 pm to 04.40 pm	Semaglutide beyond Heart and Kidney Looking at MASLD in 2026 (Talk 20 mins) Dr. Debmalya Sanyal	
04.40 pm to 05.00 pm	(Discussion 20 mins) Moderator: Dr. Shailaja Kale	Dr. Debmalya Sanyal Dr. Sujit Chandratrey
05.00 pm to 05.30 pm	ECG Made Practical: Reading Beyond Rhythm (Talk 30 mins) Dr. Sunil Sathe	
05.30 pm to 05.45 pm	(Discussion 15 mins) Moderator: Dr. Suresh Shinde / Dr. Suresh Chavan	

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Sunday 9th August 2026

SESSION 9

TIME	TOPIC	EXPERTS
10:00 am to 12:00 Noon	Open Forum	Dr. Shailaja kale Dr. Shehla Shaikh

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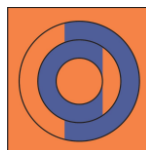
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CONFERENCE SECRETARIAT

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Pune - 411 004 skdcclinic19@gmail.com , +91 96577 44781

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